

Date of Review: July 24, 2024

Reviewer: Child Nutrition Department Coordinator

Structure

Requirement: The CE must develop a LWP that applies to all NSLP and/or SBP schools.

The LWP must be approved by the board of trustees or governing board.

GOAL: To ensure the local wellness policy is updated and approved every 3 years.

GOAL MET: The Local Wellness Policy has been approved by the board of trustees.

Nutrition Education and Promotion

Requirement: The CE must address nutrition education and promotion in its LWP:

- Activities that foster student health, wellbeing, and ability to learn
- Nutritional guidelines for all food and beverages available to be sold or given to students on the school campus during the school day

GOAL:

- Child Nutrition Programs will comply with federal, state, and local requirements. Child Nutrition Programs are accessible to all children.
- Nutrition education is provided and promoted in the classroom, eating areas, to parents, by attending relevant trainings at the Education Service Center.
- Meaningful physical activity programs that can connect to students' lives outside of formal physical education classes by offering a variety in Crayon Club, the after-school program, Expeditionary Learning Field trips, and etc.
- School-based activities are consistent with local wellness policy goals.
- The school environment is safe, comfortable, pleasing, and allows ample time and space for eating meals. Food and/or physical activity will not be used as a reward or punishment

GOAL MET: The Child Nutrition Department uses cycle menus that complies with federal, state, and local requirements. The Child Nutrition Department attends Region 4 Education Service Center to remain updated with the latest requirements. The Rhodes School for the Performing Arts students engage in Fine Arts Activities, P.E., or Recess daily. The Student's eating atmosphere is filled with colorful and educational posters & decals. Also, the students are receiving at least 30 minutes for breakfast and lunch.

Stakeholder Engagement

<u>Requirement</u>: The CE <u>must</u> engage stakeholders in developing and implementing its LWP. Stakeholders <u>must</u> include, but are not limited to, the following groups:

- Administrators, district and/or school
- Community members

- Parents
- Representatives of the CE or school(s)
- Representatives of the board of trustees or governing body
- School health professionals
- School nutrition staff
- Students

GOAL:

- After-school program, Crayon Club, will encourage physical activity and healthy habit formation.
- Support for the health of all students can be demonstrated by hosting vision and hearing screenings.
- Rhodes School for Performing Arts will organize local wellness committees comprised
 for families, teachers, administrators, health professionals, physical education teachers
 and students to implement and improve nutrition and physical activity in the school
 environment.
- The P.E. Teacher will integrate the importance of daily physical activity and healthy eating habits into her guidance lessons on responsibility and self-discipline.
- The health aide will hold growth and development meetings with fourth through eighth graders stressing the importance of healthy eating and physical activity and the significant impact it has on the growth and development of healthy bodies.

GOAL MET: The updated wellness policy, flyer, and assessment is located on the school's website for the public.

Triennial Assessment and Publication of Assessment Results

<u>Requirement</u>: Every three years, the CE (1) <u>must</u> measure the effectiveness of its LWP implementation and (2) must distribute the results of the assessment to the public.

The assessment must assist the CE in determining if the implementation of the LWP has achieved the following:

- If the CE and the schools are in compliance with the LWP
- If the CE's LWP aligns to model evidence-based strategies for LWP
- If the CE has made progress in attaining the goals described in its LWP

GOAL: Every three years, Rhodes School for Performing Arts (1) <u>must</u> measure the effectiveness of its LWP implementation and (2) <u>must</u> distribute the results of the assessment to the public.

GOAL MET: The update will be completed before August 2024. The School had at least 4 planned meetings to involve the public. The first meeting for 23-24 school year was in July 2023. Additionally, 4 meetings were held throughout the 23-24 school year.

Marketing at School Operating NSLP and /or SBP

<u>Requirement</u>: The CE <u>must</u> describe (1) the current types and methods of marketing that will be allowed for foods and beverages sold on the school campus during the school day and (2) the process or strategies the CE will use to ensure that, as of July 1, 2017, all future marketing for food and beverages marketed and sold on the school campus during the school day meet the Competitive Food Nutrition Standards.

GOAL: All foods available on campus will comply with the current USDA Dietary Guidelines for Americans and the Texas Public School Nutrition Policy with respect to vending machines, a la carte, beverage contracts, fundraising, concession stands, student stores, school parties/celebrations.

GOAL MET: Only PTO is allowed to serve competitive foods at school events which does not conflict with school meal times. All other fundraising & school parties/celebrations are held outside of the student meal times.

Assigned Responsibilities

<u>Requirement</u>: CEs <u>must</u> assign a staff position or positions to be responsible for managing the following:

- Assessment of the LWP
- Development of the LWP
- Implementation of the LWP
- Update of the LWP

GOAL: The staff positions are not vacant, and the responsibilities are completed each year.

GOAL MET: Currently the District Child Nutrition Coordinator, Board of Trustees, Superintendent & Leadership staff access the LWP & approve any updates or revisions.

Records Retention

<u>Requirement:</u> The CE <u>must</u> retain documentation that demonstrates its compliance with the LWP requirements.

GOAL: Documentation is kept Electronically by the District Child Nutrition Coordinator.

GOAL MET: District Child Nutrition Coordinator currently keeps a record of assessment electronically & has the policies available to the public on the school website.

Nondiscrimination

Charter School adheres to the Texas Department of Agriculture's nondiscrimination statement and to its own policy of handling discrimination complaints.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
fax: (833) 256-1665 or (202) 690-7442; or
email: Program.Intake@usda.gov

This institution is an equal opportunity provider.

Discrimination Complaint Policy and Procedure

The cafeteria displays the nondiscrimination poster in a prominent location for public viewing throughout the serving area.

Procedures: The Child Nutrition Kitchen Managers are required to:

- 1. Listen to a parent's complaint or concern, try to answer questions, and provide parents with a discrimination complaint form to be completed.
- 2. The completed complaint form will be given to the District Child Nutrition Coordinator.

Procedures: The District Child Nutrition Department Coordinator will:

1. Forward the discrimination complaint form to the Food and Nutrition Division of the Texas Department of Agriculture at:

Food and Nutrition Division P.O. Box 12847 Austin, TX 78711

2. The Texas Department of Agriculture will forward the information to USDA.