

Date of Review: August 15, 2021

Reviewer: Child Nutrition Department Coordinator

Campus: Northshore

Structure

Requirement: *The CE must develop a LWP that applies to all NSLP and/or SBP schools. The LWP must be approved by the board of trustees or governing board.*

GOAL: To ensure the local wellness policy is updated and approved every 3 years.

GOAL MET: The Local Wellness Policy has been approved by the board of trustees.

Nutrition Education and Promotion

Requirement: *The CE must address nutrition education and promotion in its LWP:*

- *Activities that foster student health, wellbeing, and ability to learn*
- *Nutritional guidelines for all food and beverages available to be sold or given to students on the school campus during the school day*

GOAL:

- Child Nutrition Programs will comply with federal, state, and local requirements. Child Nutrition Programs are accessible to all children.
- Nutrition education is provided and promoted in the classroom, eating areas, to parents, by attending relevant trainings at the Education Service Center.
- Meaningful physical activity programs that can connect to students' lives outside of formal physical education classes by offering a variety in Crayon Club, the after-school program, Expeditionary Learning Field trips, and etc.
- School-based activities are consistent with local wellness policy goals.
- The school environment is safe, comfortable, pleasing, and allows ample time and space for eating meals. Food and/or physical activity will not be used as a reward or punishment

GOAL MET: The Child Nutrition Department uses cycle menus that complies with federal, state, and local requirements. The Child Nutrition Department attends Region 4 Education Service Center to remain updated with the latest requirements. The Rhodes School for the Performing Arts students engage in Fine Arts Activities, P.E., or Recess daily. The Student's eating atmosphere is filled with colorful and educational posters & decals. Also, the students are receiving at least 30 minutes for breakfast and lunch.

Stakeholder Engagement

Requirement: *The CE must engage stakeholders in developing and implementing its LWP. Stakeholders must include, but are not limited to, the following groups:*

- *Administrators, district and/or school*
- *Community members*

- *Parents*
- *Representatives of the CE or school(s)*
- *Representatives of the board of trustees or governing body*
- *School health professionals*
- *School nutrition staff*
- *Students*

GOAL:

- After-school program, Crayon Club, will encourage physical activity and healthy habit formation.
- Support for the health of all students can be demonstrated by hosting vision and hearing screenings.
- Rhodes School for Performing Arts will organize local wellness committees comprised for families, teachers, administrators, health professionals, physical education teachers and students to implement and improve nutrition and physical activity in the school environment.
- The P.E. Teacher will integrate the importance of daily physical activity and healthy eating habits into her guidance lessons on responsibility and self-discipline.
- The health aide will hold growth and development meetings with fourth through eighth graders stressing the importance of healthy eating and physical activity and the significant impact it has on the growth and development of healthy bodies.

GOAL MET: The updated wellness policy, flyer, and assessment is located on the school's website for the public.

Triennial Assessment and Publication of Assessment Results

Requirement: Every three years, the CE (1) must measure the effectiveness of its LWP implementation and (2) must distribute the results of the assessment to the public.

The assessment must assist the CE in determining if the implementation of the LWP has achieved the following:

- *If the CE and the schools are in compliance with the LWP*
- *If the CE's LWP aligns to model evidence-based strategies for LWP*
- *If the CE has made progress in attaining the goals described in its LWP*

GOAL: Every three years, Rhodes School for Performing Arts (1) must measure the effectiveness of its LWP implementation and (2) must distribute the results of the assessment to the public.

GOAL MET: The update will be completed before June 2021. The School had at least 4 planned meetings to involve the public. The first meeting for 20-21 school year was in September. Additionally, 4 meetings will be held during the 21-22 school year.

Marketing at School Operating NSLP and /or SBP

Requirement: The CE must describe (1) the current types and methods of marketing that will be allowed for foods and beverages sold on the school campus during the school day and (2) the process or strategies the CE will use to ensure that, as of July 1, 2017, all future marketing for food and beverages marketed and sold on the school campus during the school day meet the Competitive Food Nutrition Standards.

GOAL: All foods available on campus will comply with the current USDA Dietary Guidelines for Americans and the Texas Public School Nutrition Policy with respect to vending machines, a la carte, beverage contracts, fundraising, concession stands, student stores, school parties/celebrations.

GOAL MET: Only PTO is allowed to serve competitive foods. All other fundraising & school parties/celebrations are held outside of the student meal times.

Assigned Responsibilities

Requirement: CEs must assign a staff position or positions to be responsible for managing the following:

- *Assessment of the LWP*
- *Development of the LWP*
- *Implementation of the LWP*
- *Update of the LWP*

GOAL: The staff positions are not vacant, and the responsibilities are completed each year.

GOAL MET: Currently the District Child Nutrition Coordinator, Board of Trustees, Superintendent & Leadership staff access the LWP & approve any updates or revisions.

Records Retention

Requirement: The CE must retain documentation that demonstrates its compliance with the LWP requirements.

GOAL: Documentation is kept Electronically by the District Child Nutrition Coordinator.

GOAL MET: District Child Nutrition Coordinator currently keeps a record of assessment electronically on google drive.